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Adult Client/Responsible Adult Information Sheet

Date: _____

Name: _____ Age: _____ Date of birth: _____

Street Address: _____

City: _____ Zip: _____

Home phone: _____ Work phone: _____

Cellular: _____ Other: _____

Marital status: Married Single Living with Partner
 Divorced Widowed Other

If married, name of spouse: _____ Spouse' date of birth _____

Employer: _____

Work Address: _____

Position: _____

Person to contact in case of emergency:

Name: _____

Address: _____

Phone: _____ Relationship to you: _____

Why have you decided to seek therapy for yourself/your family/your child? _____

Have you previously been in therapy? _____ If so, with whom and when? _____

Have you ever been hospitalized for mental health reasons? _____ If so, for what reason, when and where? _____

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Please list the people living in your household: their names, ages, and relationship to you:

<u>Name</u>	<u>Age</u>	<u>Relationship to you</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Level of education: _____ Religious preference, if any: _____
Do you smoke? _____ If yes, how many packs a day? _____
How many cups of coffee or caffeinated beverages do you drink per day? _____ How
many alcoholic beverages do you drink per day? _____ Per week? _____
Have you ever been arrested? _____ If yes, for what reason? _____
Are there guns in your home? _____
Describe any current medical problems or conditions: _____

Please list any current medications:

<u>Medication</u>	<u>Condition</u>	<u>Doctor</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Is there a family history of any of the following? (Please check all that apply.)

	<u>Mother's side</u>	<u>Father's side</u>
School problems	_____	_____
Depression	_____	_____
Anxiety	_____	_____
Drug/alcohol abuse	_____	_____
Domestic violence	_____	_____
Sexual abuse	_____	_____
Physical abuse	_____	_____
Panic	_____	_____
Obsessive-Compulsive	_____	_____
Gambling	_____	_____
Legal problems	_____	_____
Served prison time	_____	_____
Psychiatric hospitalization	_____	_____

Is there anything else you would like to add? _____

Who referred you to this office? _____

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Child Information Sheet

If you are seeking therapy for your child, please answer the following about him or her:

Child's Name: _____ Age: _____ Date of Birth _____

Child's school: _____ Grade: _____

Has s/he been RPC'd from school in the last 3 months? _____

If so, for what reason? _____

Is s/he receiving any special education services? _____ If yes, please specify: _____

Has s/he ever been diagnosed with learning disabilities? _____ If yes, please specify: _____

Has s/he ever had a psychiatric hospitalization? _____ If so, when and where? _____

<u>Has s/he ever: (please check yes or no)</u>	<u>Yes</u>	<u>No</u>
Been physically abused?	_____	_____
Been sexually abused?	_____	_____
Threatened suicide?	_____	_____
Attempted suicide?	_____	_____
If yes, when and how? _____		
Run away? _____		
Experienced domestic violence? _____		
Been arrested? _____		
If yes, what was the charge? _____		
Been on probation? _____		
If yes, for what offense? _____		
Set fires? _____		
Been caught stealing/shoplifting? _____		
_____ Been cruel to animals?		

Been hospitalized for mental health reasons? _____		

If yes, when and where? _____

Had a known substance abuse problem? _____

Are you concerned about possible substance abuse? _____

If yes, please describe _____

Does your child have any recurring health problems, such as allergies, asthma, diabetes, etc?

If yes, please describe. _____

Please list any medications your child is presently taking:

Medication	Condition	Doctor
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Has s/he ever had trouble with any of the following? Please circle any that apply.

Easily distracted

Difficulty concentrating

Fidgety/squirmy

Difficulty staying on task

Talking excessively

Impulsive

Been labeled "hyperactive"

Restless

Been labeled "lazy"

Frequent headaches/stomachaches

Difficulty sleeping

Depression

Self-injury

Sad/blue

Nightmares

Low self-esteem

Low energy

Feels inappropriate guilt

Is tired a lot

Anxious

Excessive worrying

Low self-esteem

Easily irritable

School avoidance

Non-compliant

Argumentative

Verbally abusive to others

Physically abusive to others

Weight gain

Weight loss

Excessive dieting

Use of laxatives/diuretics

Bedwetting

Soiling

Is there any other information you would like to add about your child? _____
